



PCC090X

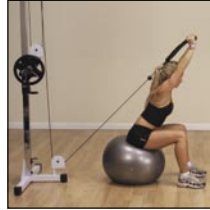
Powerline Cable Crossover Machine



Tricep Pressdown



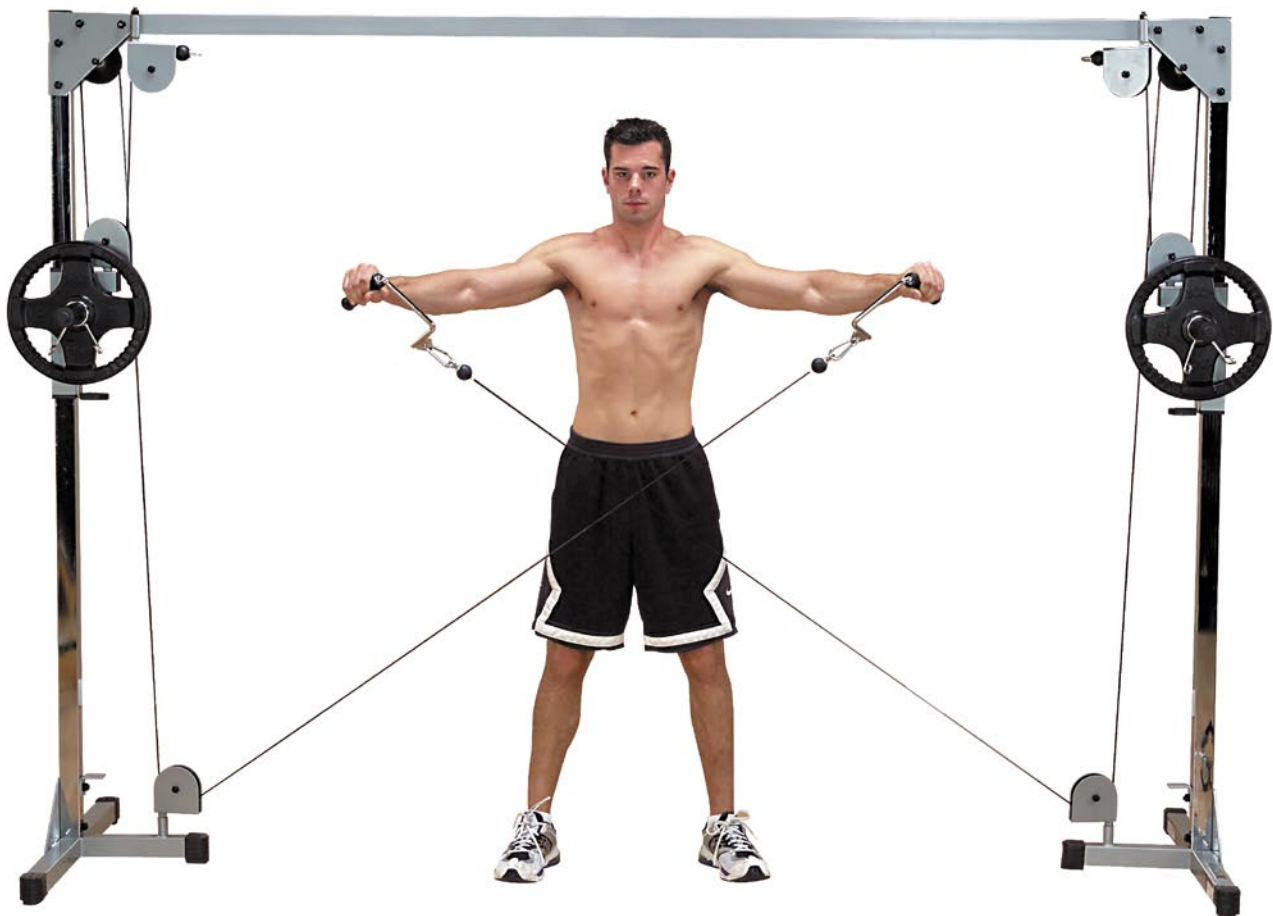
Leg Kickback



Tricep Extension



Incline Fly



PCC090X **Powerline Cable Crossover Machine**

There is no better way to achieve total body conditioning than with this strong performer. The trustworthy design lets you exercise virtually every major muscle group in your body. Sturdy construction of the extra wide and tall mainframe provides you with easy access to an endless array of high and low pulley exercises. Your workout options become unlimited when you invest in one of the most versatile and functional machines manufactured today.

Dimensions: 82"H x 112"L x 39"W

Special Features

- 10-year Powerline warranty
- Large diameter pulleys provide maximum cable life and smooth operation
- Carriage system travels on nylon bushings with four high resin pulleys on each side
- Accepts both Olympic and standard plates
- Includes two cable handles and one ankle strap